

RESOURCES FOR LIVING A SUSTAINABLE LIFE

Below are some further resources for additional reading and information to assist you in living a more sustainable life.

GENERAL BACKGROUND & INSPIRATIONAL

- Abram, David. *The Spell of the Sensuous: Perception and Language in a More Than Human World*. 1996
- Archer, David. *The Long Thaw: How Humans are Changing the Next 100,000 Years of Earth's Climate*. 2008
- Berry, Thomas. *The Dream of the Earth*. 2006
- Jensen, Derrick. *Listening to the Land: Conversations about Nature, Culture and Eros*. 2008
- Kempf, Herve. *How the Rich are Destroying the Earth*. 2009
- Lappe, Frances Moore. *Getting a Grip; Clarity, Creating and Courage in a World Gone Mad*. 2008.
- Hawkins, Paul. *Blessed Unrest: How the Largest Social Movement in History is Restoring Grace, Justice and Beauty to the World*. 2008
- Hawkins, Paul and Lovins, Amory. *Natural Capitalism: Creating the Next Industrial Revolution*. 2008
- McDonough, William. *Cradle to Cradle: Remaking the Way We Make Things*. 2006
- McKibben, Bill. *Deep Economy: The Wealth of Communities and the Durable Future*. 2007.
- McKibben, Bill. *The End of Nature*. 2006/
- Meadows, Donella. *Thinking in Systems: A Primer*. 2009
- Nestle, Marion. *What to Eat*. 2007
- Null, Gary. *Living in the Moment: Prescription for the Soul*. 2008
- Roszak, Theodore. *The Voice of the Earth: An Exploration of Ecopsychology*. 2001
- Lovelock, James. *The Vanishing Face of Gaia: A Final Warning*. 2009
- Lovelock, James. *Gaia: A New Look at Life on Earth*. 2000
- Speth, James Gustave. *The Bridge at the Edge of the World: Capitalism, the Environment and Crossing from Crisis to Sustainability*. 2008

BEEKEEPING

- Benjamin, Alison. *Keeping Bees and Making Honey*. 2008
- Conrad, Ross. *Natural Beekeeping: Organic Approaches to Modern Apiculture*. 2007
- Flottum, Kim & Blackiston, Howland. *Beekeeping for Dummies*. 2009
- Flottum, Kim. *The Backyard Beekeeper: An Absolute Beginner's Guide to Keeping Bees in Your Yard and Garden*. 2005

COMMUNITY & NEIGHBORHOOD

Gershon, David. *Livable Neighborhood: A Program to Make Life Better on the Street Where You Live*. 2009

Henderson, Elizabeth. *Sharing the Harvest: A Citizen's Guide to Community Supported Agriculture*. 2008.

Holmgren, David (founder of Permaculture), *Future Scenarios: How Communities Can Adapt to Peak Oil and Climate Change*. 2009

Hopkins, Alix. *Groundswell: Stories of Saving Places, Finding Community*. 2008.

Jackson, Hildur. *Ecovillage Living: Restoring the Earth and Her People*. 1998.

ENERGY

Bowman, Ron. *The Green Guide to Power: Thinking Outside the Grid*. 2008.

Gipe, Paul. *Wind Energy Basics: A Guide to Home and Community Scale Wind-Energy Systems*. 2009

Davidson, Joel. *The New Solar Electric Home: The Complete Guide to Photovoltaics for Your Home*. 2009

GARDENING

Bell, Graham. *The Permaculture Way: Practical Steps to Create a Self-Sustaining World*. 2007

Coleman, Eliot, *The Winter Harvest Handbook*, 2009

Coleman, Eliot, *New Organic Grower*, 1989

Flores, Heather. *Food Not Lawns: How to Turn Your Yard into a Garden and Your Neighborhood into a Community*. 2008.

Hall, Jenny. *Growing Green: Animal-Free Organic Techniques*. 2007

Hart, Robert. *Forest Gardening: Cultivating an Edible Landscape*. 2008

Hemenway, Taby. *Gaia's Garden: A Guide to Homescale Permaculture*. 2009

Jacke, Dave. *Edible Forest Gardens: Ecological Vision and Theory for Temperate Climate Permaculture*. 2007

Jacke, Dave. *Edible Forest Gardens, Volume 2: Ecological Design and Practice for Temperate Climate Permaculture*. 2008

Kourik, Robert. *Drip Irrigation for Every Landscape and All Climates*. 2009

Laughton, Rebecca. *Surviving and Thriving On the Land: How to Use Your Time and Energy to Run a Successful Smallholding*. 2009

Logsdon, Gene. *Small-Scale Grain Raising: An Organic Guide to Growing, Processing and Using Nutritious Whole Grains for Home Gardeners and Local Farmers.*, 2009

Otto, Stella. *The Backyard Orchardist: A Complete Guide to Growing Fruit Trees in the Home Garden*. 2007

Poisson, Leandre. Solar Gardening: Growing Vegetables Year-Round the American Intensive Way. 2007

Ruppenthal, RJ. Fresh Food From Small Spaces: The Square-Inch Gardener's Guide to Year-Round Growing, Fermenting and Sprouting. 2009

Scott, Nicky. Composting: An Easy Household Guide.

Toensmeier, Eric. Perennial Vegetables: A Gardener's Guide to Over 100 Delicious and Easy to Grow Edibles. 2008.

Tozer, Frank. The Organic Gardener's Handbook. 2008

Tozer, Frank. The Vegetable Growers Handbook. 2008

Warren, Piers. How to Store Your Garden Produce. 2008

GREEN PRODUCTS

Seireeni, Richard. The Gort Cloud: The Invisible Force Powering Today's Most Viable Green Brands. 2008

SUSTAINABLE BUSINESS & INVESTMENT

Clift, Jan. Greening Your Office: From Cupboard to Corporation. 2007.

Esty, Daniel. Green to Gold: How Smart Companies Use Environmental Strategy to Innovate, Create, Value and Build Competitive Advantage. 2009

Henderson, Hazel. Ethical Markets: Growing the Green Economy. 2008.

Makower, Joel. Strategies for the Green Economy: Opportunities and Challenges in the New World of Business. 2008

Melaver, Martin. Living Above the Store: Building a Business that Creates Value, Inspires Change and Restores Land and Community. 2009

Tasch, Woody. Slow Money: Investing as if Food, Farms and Fertility Mattered. 2009

SUSTAINABLE LIVING

Barnes, Peter. Climate Solutions: A Citizen's Guide to What Works, What Doesn't and Why. 2008.

Clift, Jon, Climate Change: Simple Things You Can Do to Make a Difference, 2009

Gershon, David. Green Living Handbook: A 6-Step Program to Create an Environmentally Sustainable Lifestyle. 2009

Greer, Beth. Super Natural Home: Improve Your Health, Home and Planet One Room at a Time. 2009.

Hren, Stephen and Rebekah. The Carbon Free Home: Thirty Six Remodeling Projects to Help Kick the Fossil-Fuel Habit. 2008

Nabhan, Gary. Renewing America's Food Traditions: Saving and Savoring the Continent's Most Endangered Foods. 2008.

Pollard, David. Find the Sweet Spot: The Natural Entrepreneur's Guide to Responsible, Sustainable, Joyful Work. 2009

Scott, Nicky. Reduce, Reuse, Recycle: An Easy Household Guide. 2006

Stein, Matthew. When Technology Fails: A Manual for Self-Reliance, Sustainability, and Surviving the Long Emergency. 2008.

Stoner, Tom and Rapp, Carolyn. Open Spaces, Sacred Places: Stories of How Nature Heals and Unifies. 2009

TOXIC ENVIRONMENT

Baker, Nena. The Body Toxic: How the Hazardous Chemistry of Everyday Things Threatens Our Health and Well-Being. 2008

Blanc, Paul. How Everyday Products Make People Sick: Toxins at Home and in the Workplace. 2007

Davis, Devra. The Secret of the War on Cancer. 2008.

Shabecoff, Philip. Poisoned Profits: The Toxic Assault on Our Children. 2008

Shapiro, Mark. Exposed: Toxic Chemistry in Everyday Products and What's at Stake for American Power. 2009

Smith, Jeffrey. Seeds of Deception: Exposing Industry and Government Lies about the Safety of the Genetically Engineered Foods You're Eating. 2007

Smith, Jeffrey. Genetic Roulette: The Documented Health Risks of Genetically Engineered Foods. 2008.

Thomas, Patricia. What's In This Stuff?: The Hidden Toxins in Everyday Products. 2008

URBAN LIVING

Jones, Van. The Green Collar Economy: How One Solution Can Fix Our Two Biggest Problems. 2008.

Wiland, Harry and Bell, Dale. Edens Lost and Found: How Ordinary Citizens are Restoring Our Great American Cities. 2008.

VEGAN & VEGETARIAN LIFESTYLE

Masson, Jeffrey. The Face on Your Plate: The Truth About Food. 2009

Myers, Adrian. Organic Futures: A Case for Organic Gardening. 2008.

Null, Gary. Food Mood Connection: Nutritional & Environmental Approaches to Mental Health and Physical Well-Being. 2008

Pirello, Christina. This Crazy Vegan Life: A Prescription for an Endangered Species. 2008

Pollan, Michael. In Defense of Food: An Eater's Manifesto. 2009

Pollan, Michael. The Omnivore's Dilemma: A Natural History of Four Meals. 2007.

Robbins, John. The Food Revolution: How Your Diet Can Help Save Your Life & Our World. 2001

Roberts, Paul. The End of Food. 2008